

### INFORMATION · CAMPUS XAVI

For over 22 years Campus Xavi has been promoting the sport of football and as part of this, the personal development of children regarding their responsibility in a training aspect, respect the teamwork and how to work alongside others.

#### Who is Campus Xavi for?

Children born between 2004 and 2013.

#### Objectives.

- Develop and perfect the technical and tactical aspects of the game both collectively and individually.
- Understand the game from a collective perspective.
- Enjoy the competition by contemplating it in an educational way.
- Collaborate in the overall education of the player emphasizing values such as friendship, fair play and good eating and hygiene habits.
- Help participants in their adaptation to the new circumstances derived from Covid 19: responsibility in personal hygiene, new social habits and monitoring of safety protocols.
- Progressive return to physical activity of young athletes.

#### Participation of Xavi.

In this 22nd edition and as a consequence of the Covid-19, Xavi Hernandez, will not be able to visit the Campus participants since the Qatari league has decided to resume the competition after the stoppage caused by the pandemic. He must stay in Qatar, all summer, to continue with his professional obligations. We will hold an online meeting with him so he will interact with Campus participants.

#### Location.

Campus Xavi is located in the Sanctuary of Santa Maria del Collell (Sant Ferriol), in a privileged natural environment, equipped with complete recreational and sports facilities: grass football pitches, sport courts, swimming pool.

### PREVENTION AND SAFETY MEASURES

During the Campus Xavi, we will follow all the indications of the Health Department and we will pay special attention to the following aspects:

- Organization in groups of maximum 10 players per coach. These groups will always participate autonomously.
- Taking the temperature to our staff and all the participants every morning.
- Hands cleaning after each activity
- Use of hydroalcoholic solutions to increase safety and hygiene.
- Use of the mask when there is no sports practice.
- Planning of all activities taking into account the recommended safety distance.
- Daily disinfection and cleaning of all sports materials and spaces used.
- We will have a medical team made up of 2 doctors, 3 nurses and 1 physical therapist.

### COVID19 SYMPTOMS PROTOCOL

Following the instructions of the Health Department, we will follow these steps:

- First, put the mask on the child and isolate him from the group.
- We will notify the family to pick him up and take him to the assigned medical center.
- His coach and his mates will be able to continue with the activities, keeping the safety distance with the rest of the groups
- If the result is negative, the coach and participants will be able to continue with the activities.
- If the result is positive, they must follow the instructions of the health services (follow a quarantine).

### INFORMATION DOSSIER · CAMPUS XAVI



#### MATERIAL

- Adidas clothing given to each participant:
- 3 t - shirts
  - 1 short
  - 1 pair of socks



#### Personal hygiene

- Soap orgel
- Shampoo
- Shower towel
- Toothbrush and toothpaste
- Underwear for each day



#### Also, you will need...

- Pajamas
- Raincoat
- Tracksuit
- Insect repellent
- Sunscreen
- Laundry bag
- Bed sheets (under sheet and pillowcase)
- Sleeping bag



#### Important!

- Ensure all clothing has the child's name on it.
- Mobile phones are prohibited
- Do not take any money. (It is not necessary).
- Only sports clothing will be worn



#### IN YOUR SUITCASE DON'T FORGET... For training and activities

- 6 sets of sports clothing (t-shirt, shorts, socks and football socks).
- Swimsuit
- Mask
- Pool towel
- Football boots (NO aluminum studs).
- Shin pads
- Sports footwear
- Flip-flops
- Swimming goggles
- Cap
- Torch
- Pen and notebook



#### REGULATION

For the proper functioning of Campus Xavi and the benefit of all participants, everyone will obey the organization's rules which are applicable to every participant. Rules:

1. Arrive on time to all programmed activities.
2. Show respect to the instructors and teammates.
3. Follow the instructions of the monitors in all activities.
4. Behave correctly and politely at mealtimes.
5. Silence in the bedrooms at night.
6. Collaborate in the preparation and clearing away of the activities.
7. Respect the equipment and facilities.

The organization reserves the right to exclude the participants who do not comply with these rules.



#### ITINERARY HOW TO GET TO THE CAMPUS

Sanctuary of Santa Maria del Collell (Girona), near El Torn. Road Collell, s / n, 17850 Sant Ferriol Geographic coordinates: 42°150324'N - 2°658107'E

Directions from AP-7:

1. Take exit Girona-Nord towards Banyoles.
2. Follow signs to Banyoles Sud-Mata
3. Arrive at supermarket round about (BonPreu)
4. Take exit Mieres-Santa Pau and follow signs to L'Estany.
5. Turn towards Mieres-SantaPau
6. Leaving Banyoles direction Mieres. 12 km away.
7. Turn right at the junction, towards Sanctuary Sta. Maria del Collell.
8. Arrive at Sanctuary Sta. Maria del Collell



#### CONTACT

In case of an emergency during the Campus, parents may contact us on **972 57 40 60.**





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7.30 h	WAKE UP COACHES	WAKE UP COACHES	WAKE UP COACHES	WAKE UP COACHES	WAKE UP COACHES	WAKE UP COACHES
8.00 h	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP
8.30 h	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
9.00 h	TRAIN 1	ACT.2	TRAIN 3	ACT. 5	TRAIN 5	EXHIBITION GAMES
9.30 h	BRUNCH	BRUNCH	BRUNCH	BRUNCH	BRUNCH	
10.00 h	TRAIN 1	TRAIN 2	TRAIN 3	TRAIN 4	TRAIN 5	CLOSING CEREMONY
10.30 h	BRUNCH	BRUNCH	BRUNCH	BRUNCH	BRUNCH	
11.00 h	SWIMM. POOL	SWIMM. POOL	SWIMM. POOL	SWIMM. POOL	SWIMM. POOL	CAMPUS X6VI
11.30 h	SWIMM. POOL	SWIMM. POOL	SWIMM. POOL	SWIMM. POOL	SWIMM. POOL	
12.00 h	FREE TIME	FREE TIME	FREE TIME	FREE TIME	FREE TIME	FAMILY VISIT FROM 10 AM
12.30 h	FREE TIME	FREE TIME	FREE TIME	FREE TIME	FREE TIME	
13.00 h	SWIMM. POOL	SWIMM. POOL	SWIMM. POOL	SWIMM. POOL	SWIMM. POOL	
13.30 h	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
14.00 h	LEISURE SALA INT.	LEISURE SALA INT.	LEISURE SALA INT.	LEISURE SALA INT.	LEISURE SALA INT.	
14.30 h	LEISURE CLAUSTRE	LEISURE CLAUSTRE	LEISURE CLAUSTRE	LEISURE CLAUSTRE	LEISURE CLAUSTRE	
15.00 h	LEISURE SALA INT.	LEISURE SALA INT.	LEISURE SALA INT.	LEISURE SALA INT.	LEISURE SALA INT.	
15.30 h	ACT. 2	ACT. 3	ACT. 5	AQUATICPARTY	ACT. 7	
16.00 h	COMPETITION	COMPETITION	COMPETITION	COMPETITION	COMPETITION	
16.30 h	SNACK	SNACK	SNACK	SNACK	SNACK	
17.00 h	SNACK	SNACK	SNACK	SNACK	SNACK	
17.30 h	COMPETITION	COMPETITION	COMPETITION	COMPETITION	COMPETITION	
18.00 h	COMPETITION	COMPETITION	COMPETITION	COMPETITION	COMPETITION	
18.30 h	COMPETITION	COMPETITION	COMPETITION	COMPETITION	COMPETITION	
19.00 h	COMPETITION	COMPETITION	COMPETITION	COMPETITION	COMPETITION	
19.30 h	SHOWER	SHOWER	SHOWER	SHOWER	SHOWER	
20.00 h	DINNER	DINNER	DINNER	DINNER	DINNER	
20.30 h	DINNER	DINNER	DINNER	DINNER	DINNER	
21.00 h	DINNER	DINNER	DINNER	DINNER	DINNER	
21.30 h	GAME NIGHT	GAME NIGHT	GAME NIGHT	GAME NIGHT	GAME NIGHT	
22.00 h	GAME NIGHT	GAME NIGHT	GAME NIGHT	GAME NIGHT	GAME NIGHT	
22.30 h	ROOMS	ROOMS	ROOMS	ROOMS	ROOMS	
23.00 h	SLEEP	SLEEP	SLEEP	SLEEP	SLEEP	
					CLOSING PARTY	
					ROOMS	
					SLEEP	